**Resident Self-Reflection & Assessment Form - To be Completed After Each Teaching Session**

**Resident Name: \_Brandon Antinopoulos, PharmD\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Teaching Session Title: \_P3 Respiratory Lab\_\_\_\_\_\_\_\_\_\_\_ Date: \_9/25/14\_\_\_\_\_\_**

**Type of Teaching: Lecture PBL Precepting Small Group Facilitation Other**

**What is your overall impression of this teaching session? Were there any extenuating circumstances you had to manage?**

During this session, I reviewed with the students how to use and counsel a patient on using a peak flow meter and develop an asthma action plan as well as review some of the medications used to treat asthma. Instead of me talking the whole time, I decided to see what the students’ knowledge was at baseline by asking what they knew about the meter, the action plan, and asthma meds. I allowed the students who knew to explain them to their colleagues. I acted only in a manner of either affirming or correcting what the students said. Most of the time, it was simply me affirming what they said and summarizing the key points for the students.

**Discuss aspects that you feel did go well, citing your evidence.**

I felt the technique of having the students share their information and knowledge with their colleagues first was more rewarding than simply talking at them what they should know.

**Discuss aspects that you feel did not go well, citing your evidence.**

There was some confusion among the other facilitators of how some of the assignments would be carried out and collected. The main faculty member was called away from the experience and not able to attend so it was up to a resident on rotation with them to lead the session. Anytime there is confusion like that, I feel it takes away from the students’ learning.

**Is there anything you wanted to accomplish but were unable to do so? If so, what was it and was it critical?**

There was not.

**What, if anything, would you do differently next time?**

More so I thought about what I would do differently if I were running the session next time. I would just think about how I can clearly communicate to those involved in a teaching experience the clear expectations and procedures for the experiences so it does not take away from the value of the experience.